Connector Series

May 16, 2015

Inflammation & Women's Health

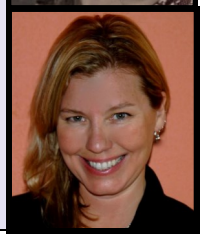
Dr. John McGonigle, M.D.

Keynote Speech: Inflammation: A Women's Health Approach 9:00AM-10:30AM

Inflammation drives many disease processes, and women suffer disproportionately from auto-immune disorders. Indeed, auto-immune disease is a leading cause of morbidity and mortality in women in the United States. Dr. McGonigle will explore the genetic, environmental, hormonal and psychoneuroimmunological reasons for this silent epidemic.

Dr. McGonigle is a board-certified Family Doctor who practices and teaches Family and Integrative Medicine at Brown Medical School in Providence RI.

Workshop Presentations 11:00AM-12:15PM—Choose One



Calming Inflammation: Changing the Microbiome with the Specific Carbohydrate Diet

Raman Prasad & Pamela Ferro, R.N., authors of *The SCD for Autism and ADHD: A Reference and Dairy-Free Cookbook for the Specific Carbohydrate Diet,* will explain how dietary change can decrease inflammation, not only for serious digestive issues, but also conditions such as eczema, autism, ADHD, anxiety, and mood disorders. This workshop will explain the diet and demonstrate how these food changes can be implemented even into the busiest of schedules.

An Osteopath's Approach to Inflammation

Athina Giovanis, D.O., Ocean State Osteopathic Medicine, LLC, Providence, RI, will guide workshop attendees through the philosophy and science of osteopathy and explore how understanding the body's neuromusculoskeletal system, drainage and exercise influence inflammation.

Treating Inflammation with Herbal Medicine

Kerry Hughes, M.Sc., Herbalist, Ethnobotonist and Teacher at the Herbal Academy of New England will present on the use of herbs for inflammation. She will include the use of herbs in her presentation and constitutional theory supporting organ systems which also address inflammation.

WHEN:

Saturday, May 16th

8:30am-12:15pm

8:30am-9:00am Registration, coffee & tea

9:00am-10:30am Keynote Presentation and Q&A

11:00am-12:15pm Workshop Sessions

Tickets are $25.*

Space is limited. Register today at: www.biologicalmedicinenetwork.org or by calling (508) 748-0816.

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WHERE:

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***Tickets are non-refundable.**

biological medicine NETWORK

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